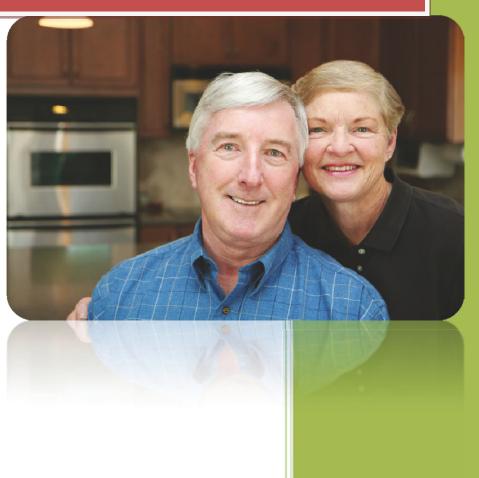
# KY Services Satisfaction Consumer Survey Report 2015 Statewide





In 2015 the Kentucky Cabinet for Health and Family Services (CHFS), Department for Behavioral Health, Development and Intellectual Disabilities (BHDID) conducted this survey to evaluate satisfaction of services delivered at Kentucky's Community Mental Health Centers (CMHCs).

#### Introduction

This document was created as a result of collaboration between two key entities:

- The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) and
- The Community Mental Health Centers (CMHCs)

#### Purpose

The purpose of this document is to evaluate the satisfaction of services delivered by the Community Mental Health Centers (CMHCs) from the consumer's perspective. The source of information reported in this document is aggregated results of a survey.

#### Why This Survey?

The Mental Health Statistics Improvement Program (MHSIP) survey was developed and validated at a national level in part to promulgate data standards that allow for valid results that better inform policy and decisions. The MHSIP adult survey is designed as the primary tool to evaluate and include the clients' perspectives of public mental health services they have received.

#### Appropriate Use of These Survey Results

The results of this survey are intended to express the aggregated data of respondents' perception of care. This booklet represents the perceptions of a sample of CMHC clients who are actively receiving outpatient services during the time of the survey implementation. The results are not intended to be interpreted as the opinion of all CMHC clients of services received.

This output report includes results about the survey's seven core domains:

	Primary Concerns			
Domain	Related to the Domain			
General Satisfaction	Services were, overall, satisfactory and			
General Sanstaction	preferable to other choices			
	Staff availability, the range of service			
Access to Services	options, and how quickly and			
	conveniently services were received			
	Cultural and linguistic access and			
Cultural Sensitivity	whether services promoted recovery and			
	continuity of care			
	Clients' participation in planning			
Participation in	services. For example, whether the			
Treatment Planning	patient, not staff, decided treatment			
_	goals			
	Services provided patients with positive			
Outcomes	changes in areas for which treatment			
Outcomes	was sought and minimal negative			
	outcomes.			
	Services contributed to improving			
Social Connectedness	natural supports which come from			
	family or friends			
	There was a positive effect on			
Functioning	independent community living and			
	decreasing distress caused by symptoms			

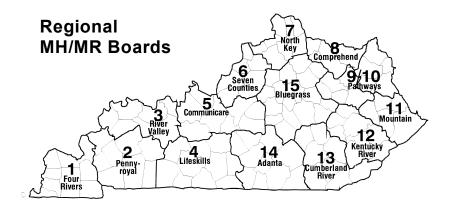
#### State Mental Health Authority

The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) is identified by Kentucky Revised Statute (KRS) 194.030 as the primary state agency for developing and administering programs for the prevention, detection, and treatment of mental health, developmental, intellectual disabilities, and substance use disorders.

DBHDID Website: <a href="http://dbhdid.ky.gov/">http://dbhdid.ky.gov/</a>

#### **Regional Community Programs**

Kentucky is divided into fourteen geographic regions for the purposes of planning and providing publicly funded community mental health services. For each region a Regional Mental Health and Mental Retardation Board has been established pursuant to KRS 210.370-210.480 as the planning authority for community mental health programs in the region.



#### Methodology

The survey was implemented at outpatient clinics operated by the CMHCs. Each spring for a two week period, staff made the survey available to people who arrived for outpatient appointments at selected clinics. Completing the survey was voluntary and had no implications on appointments or services provided.

#### **Survey Penetration Rate**

#### **Survey Penetration**

Table 1. Statewide Survey Penetration Rate in State Fiscal Year 2015 (July 1, 2014 - June 30, 2015)			
Number of Youth (Age < 18) Served	119,724		
Number of Surveys Returned	6,012		
Survey Penetration Rate	5%		

During state fiscal year 2015, 119,724 Mental Health (MH) adult clients visited Statewide. Six thousand twelve adult clients participated in the survey in Statewide, resulting in a 5% penetration rate. (Table 1)

#### Youth Clients' Demographic Characteristics

The demographic profile of MH adult clients in Statewide in 2015 is presented below. In this report, adult respondents' demographic characteristics are presented on gender and race.

#### Gender

Table 2. Gender of Youth Respondents	
Male	41%
Female	59%
Total	5,642

As Table 2 indicates, female respondents outnumber male respondents.

#### Race

Table 3. Race of Youth Respondents	
American Indian / Alaska Native	3%
Asian	0%
Black (African-American)	8%
Hispanic	2%
Native Hawaiian / Other Pacific Islander	0%
White (Caucasian)	88%
Other	1%
Total	5,613

The majority of adult respondents are White (Caucasian) (88%) while 2% of respondents report being of Hispanic descent.

### Kentucky MHSIP Results (2011-2014)

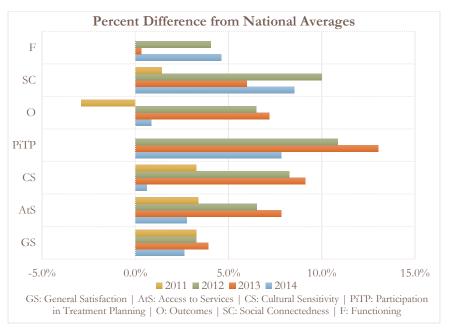


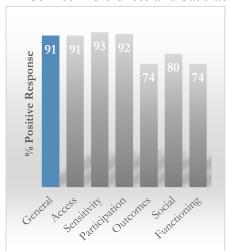
Table 5.	2011		2012		2013		2014	
Percent Positive Reporting	KY	US	KY	US	KY	US	KY	US
General Satisfaction	92	89	92	89	92	88	91	89
Access to Services	89	86	92	86	92	85	87	85
Cultural Sensitivity	92	89	97	89	97	88	90	89
Participation in Treatment Planning	81	81	92	82	92	80	87	80
Outcomes	69	71	77	72	74	69	69	68
Social Connectedness	71	70	80	72	77	73	75	69
Functioning	70	70	74	71	70	70	73	70

# GENERAL SATISFACTION

## Overview

#### **Primary Concerns**

- Provide Satisfaction
- Service Preferences and Satisfaction



Domain Score (1	to 5)
General Satisfaction	4.42
Access to Services	4.33
Cultural Sensitivity	4.36
Participation in Treatment Planning	4.30
Outcomes	3.93
Social Connectedness	4.01
Functioning	3.94

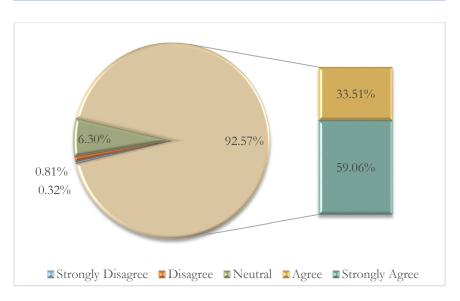
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# GENERAL SATISFACTION

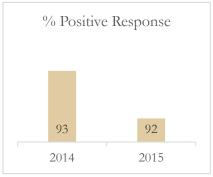
## I Liked the Services That I Received Here

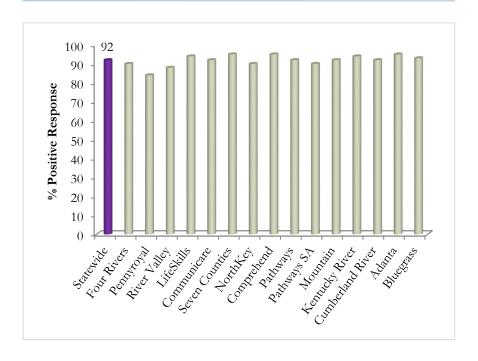
#### Statewide Totals



About 92% of respondents positively indicated that they liked the services that they received from the CMHC in 2015.

This is a 1% decrease from 2014.

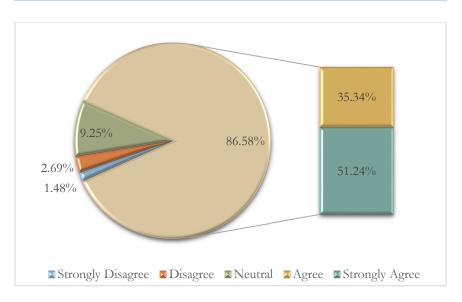




# GENERAL SATISFACTION

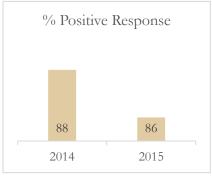
# If I Had Other Choices, I Would Still Get Services from This Agency

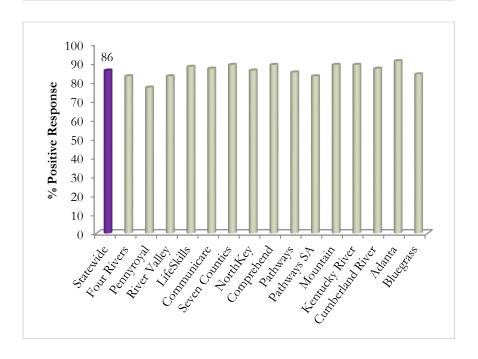
#### Statewide Totals



About 86% of respondents positively indicated that they would still get services here if they had other choices in 2015.

This is a 2% decrease from 2014.

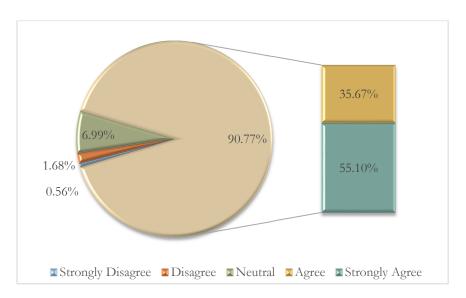




# GENERAL SATISFACTION

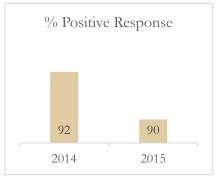
# I Would Recommend This Agency to a Friend or Family Member

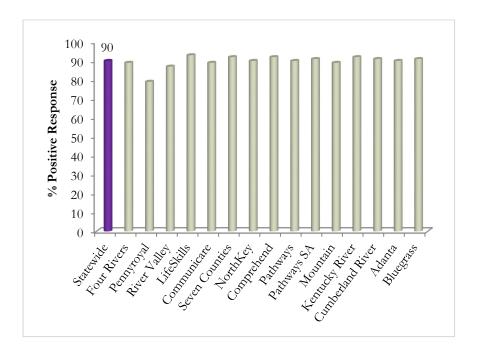
#### Statewide Totals



About 90% of respondents positively indicated that they would recommend this agency to friends or family in 2015.

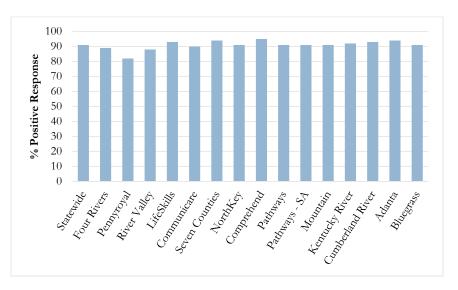
This is a 2% decrease from 2014.





# GENERAL SATISFACTION

## All Regional Boards

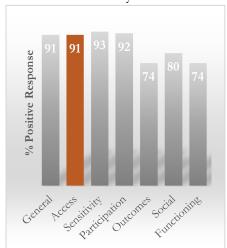




### Overview

### **Primary Concerns**

- Quick and Convenient Entry into Services
- A Full Range of Service Options
- Staff Availability



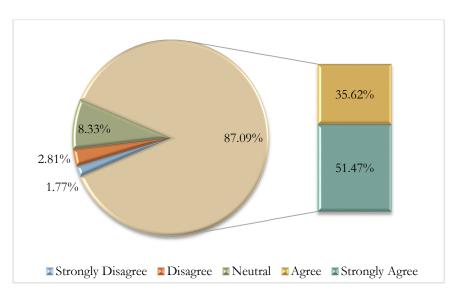
Domain Score (1	to 5)
General Satisfaction	4.42
Access to Services	4.33
Cultural Sensitivity	4.36
Participation in Treatment Planning	4.30
Outcomes	3.93
Social Connectedness	4.01
Functioning	3.94

By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



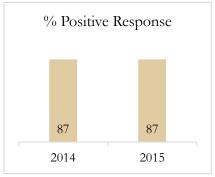
The Location of Services Was Convenient

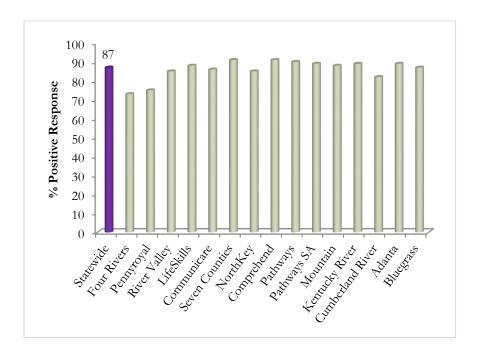
#### Statewide Totals



About 87% of respondents positively indicated that the location of services (parking, public transportation, distance, etc.) was convenient in 2015.

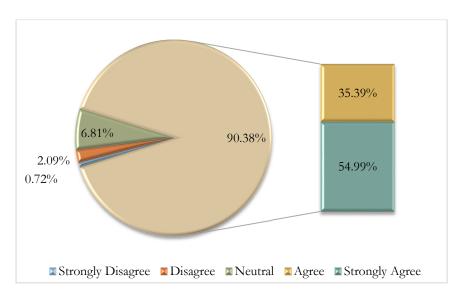
This is about the same as 2014.





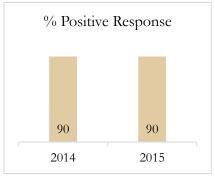
Staff Were Willing to See Me as Often as I Felt It Was Necessary

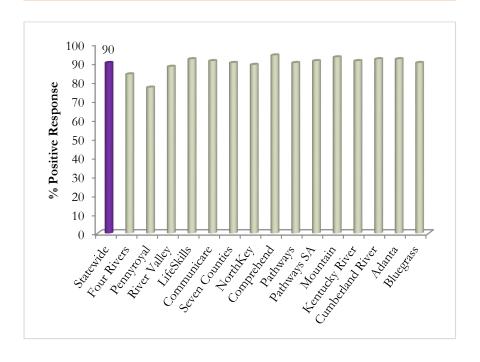
#### Statewide Totals



About 90% of respondents positively indicated that staff were willing to see them as often as they felt necessary in 2015.

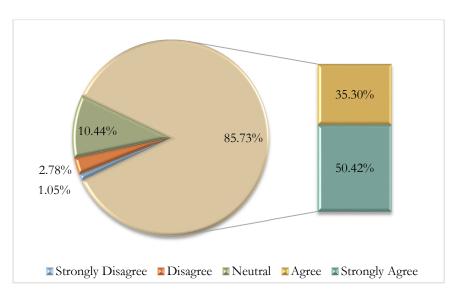
This is about the same as 2014.





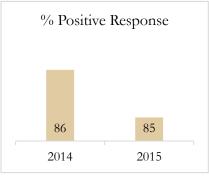
## Staff Returned My Call in 24 Hours

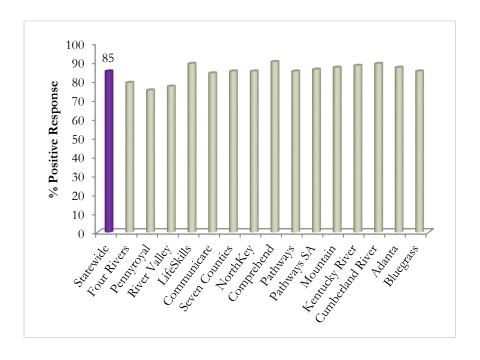
#### Statewide Totals



About 85% of respondents positively indicated that staff returned their call within 24 hours in 2015.

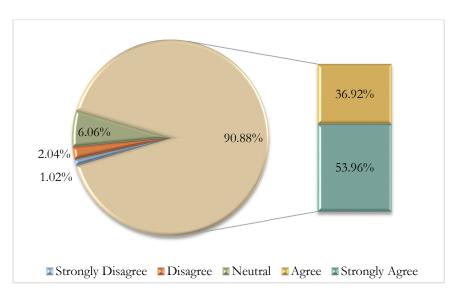
This is a 1% decrease from 2014.





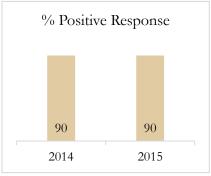
# Services Were Available at Times That Were Good for Me

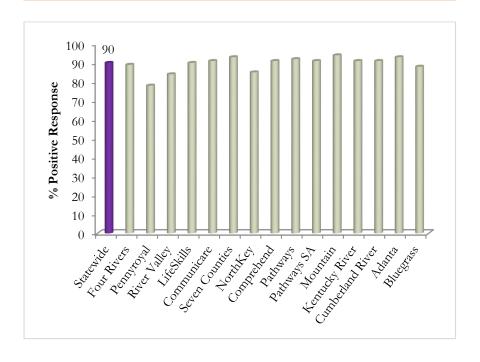
#### Statewide Totals



About 90% of respondents positively indicated that services were available at times that were good for them in 2015.

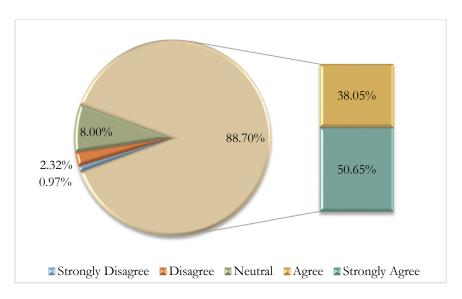
This is about the same as 2014.





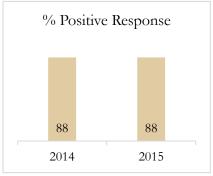
# I Was Able to Get All the Services I Thought I Needed

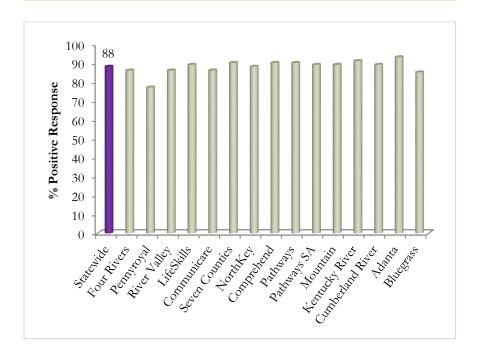
#### Statewide Totals



About 88% of respondents positively indicated that they were able to get all the services they felt necessary in 2015.

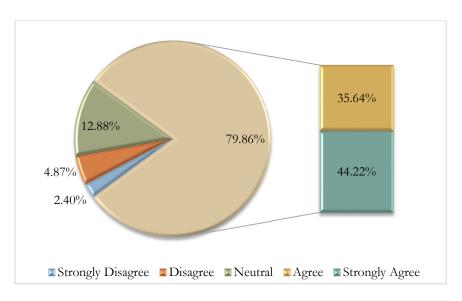
This is about the same as 2014.





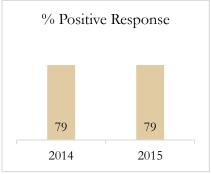
# I Was Able to See a Psychiatrist When I Wanted to

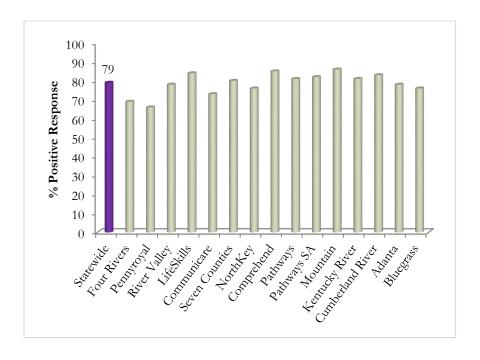
#### Statewide Totals



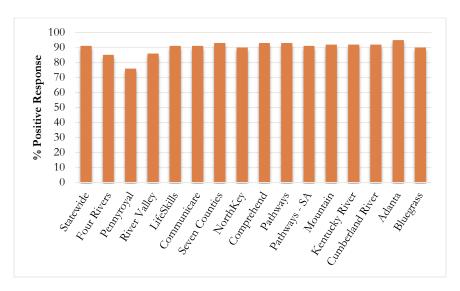
About 79% of respondents positively indicated that they were able to see a psychiatrist when they wanted to in 2015.

This is about the same as 2014.





## All Regional Boards



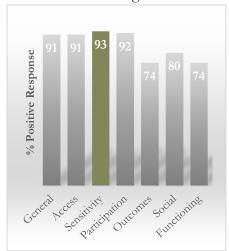


# **CULTURAL SENSITIVITY**

## Overview

#### **Primary Concerns**

- Voluntary Participation in Services
- Services That Promote Recovery
- Services That Maximize Continuity of Care
- Cultural and Linguistic Access



Domain Score (	(1 to 5)
General Satisfaction	4.42
Access to Services	4.33
Cultural Sensitivity	4.36
Participation in Treatment Planning	4.30
Outcomes	3.93
Social Connectedness	4.01
Functioning	3.94

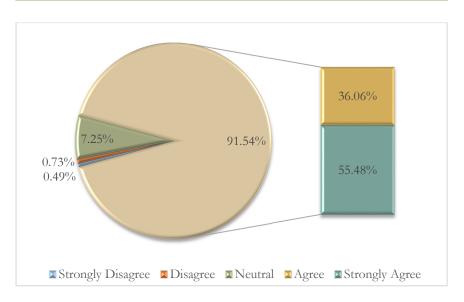
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# **CULTURAL SENSITIVITY**

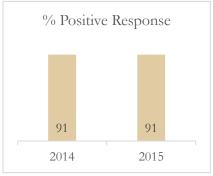
Staff Here Believe that I Can Grow, Change, and Recover

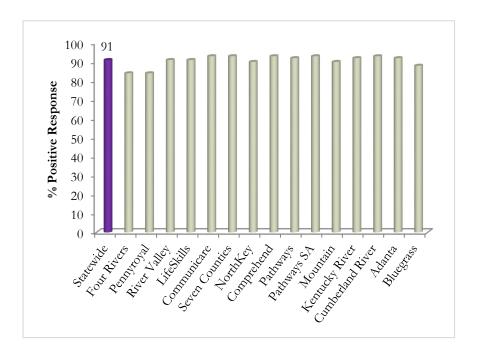
#### Statewide Totals



About 91% of respondents positively indicated that staff believed that the respondent can grow, change, and recover in 2015.

This is about the same as 2014.

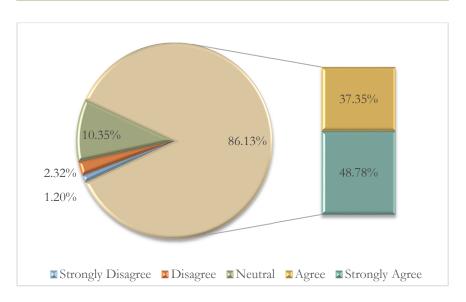




# **CULTURAL SENSITIVITY**

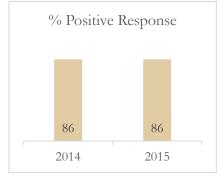
## I Felt Free to Complain

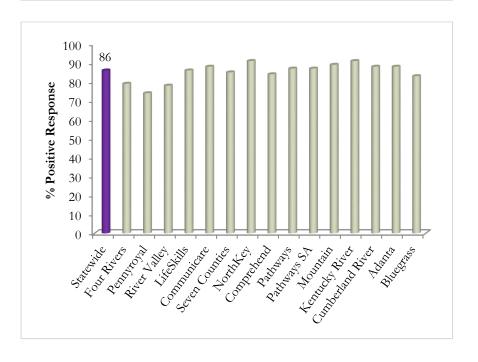
#### Statewide Totals



About 86% of respondents positively indicated that they felt free to complain in 2015.

This is about the same as 2014.

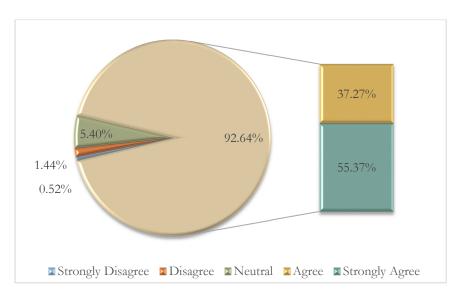




# CULTURAL SENSITIVITY

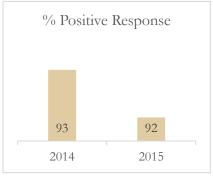
# I Was Given Information about My Rights

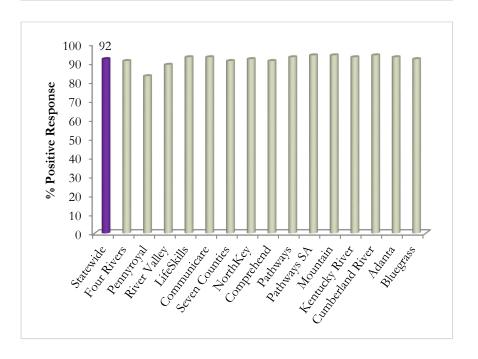
#### Statewide Totals



About 92% of respondents positively indicated that they were given information about their rights in 2015.

This is a 1% decrease from 2014.

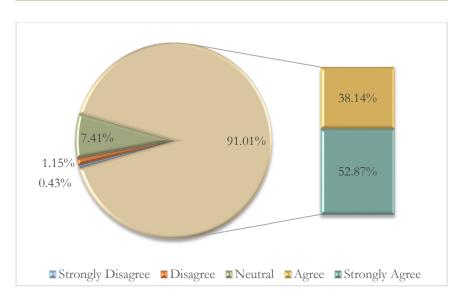




## CULTURAL SENSITIVITY

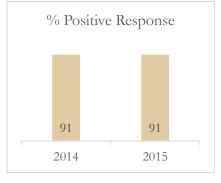
Staff Encouraged Me to Take Responsibility for How I Live My Life

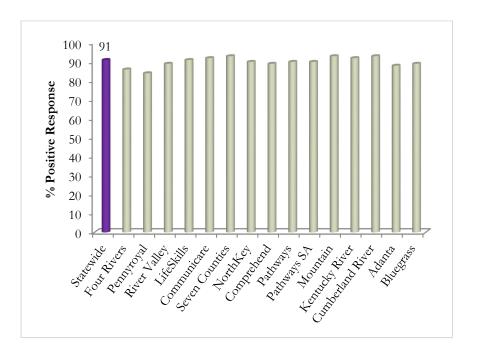
#### Statewide Totals



About 91% of respondents positively indicated that staff encouraged them to take responsibility for their lives in 2015.

This is about the same as 2014.

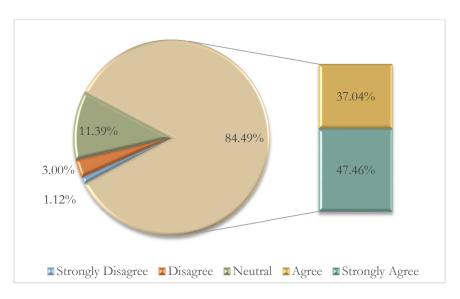




## **CULTURAL SENSITIVITY**

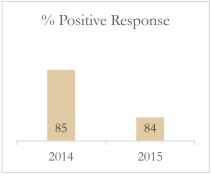
## Staff Told Me What Side Effects to Watch Out for

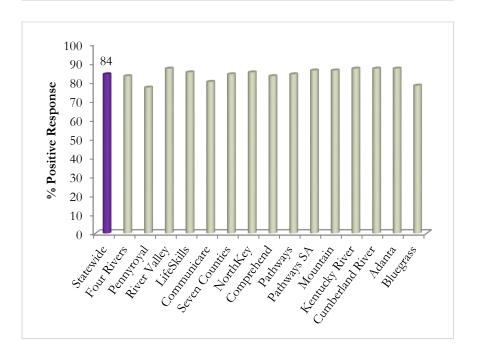
#### Statewide Totals



About 84% of respondents positively indicated that staff told them what side effects to watch out for in 2015.

This is a 1% decrease from 2014.

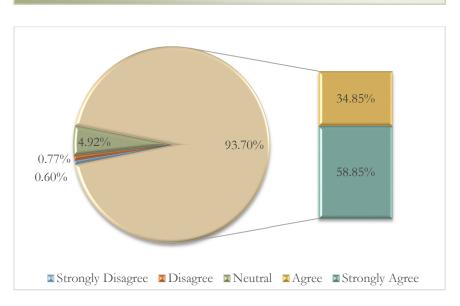




## CULTURAL SENSITIVITY

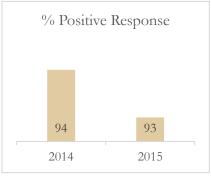
Staff Respected My Wishes about Who Is and Who Is Not to Be Given Information about My Treatment

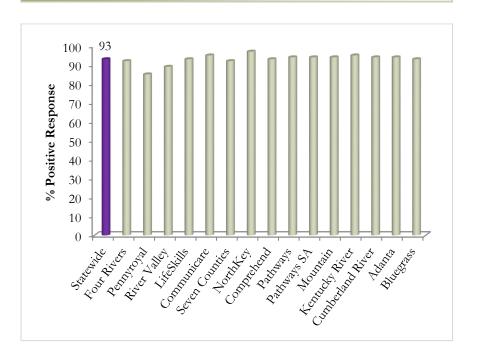
#### Statewide Totals



About 93% of respondents positively indicated that staff respected their wishes with recipients of their information in 2015.

This is a 1% decrease from 2014.

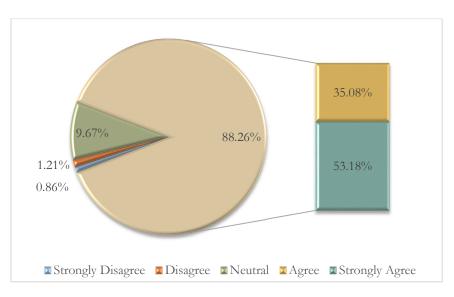




## CULTURAL SENSITIVITY

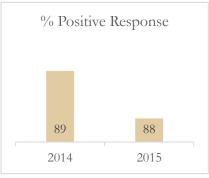
## Staff Were Sensitive to My Cultural Background

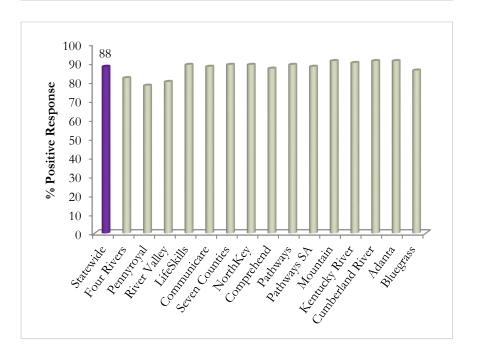
#### Statewide Totals



About 88% of respondents positively indicated that staff were sensitive to their cultural background in 2015.

This is a 1% decrease from 2014.

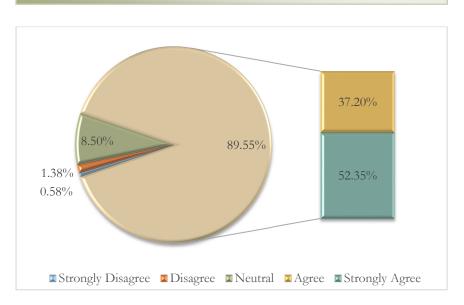




## CULTURAL SENSITIVITY

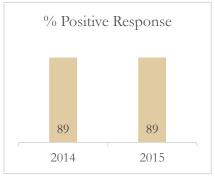
Staff Helped Me to Obtain the Information I Needed so That I Could Take Charge of Managing My Illness

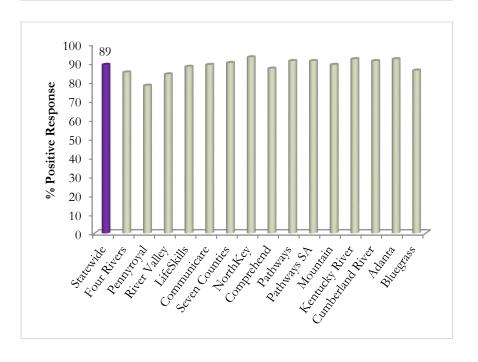
#### Statewide Totals



About 89% of respondents positively indicated that staff helped them take charge of managing their illness in 2015.

This is about the same as 2014.

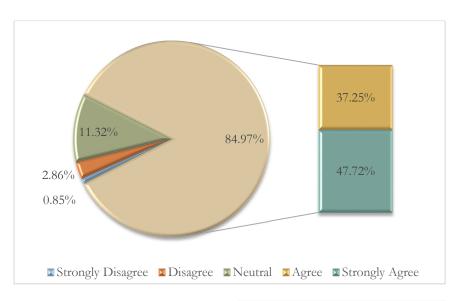




## CULTURAL SENSITIVITY

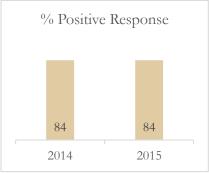
### I Was Encouraged to Use Consumer-Run Programs

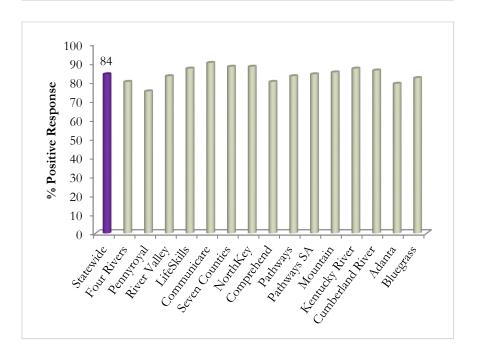
#### Statewide Totals



About 84% of respondents positively indicated that they were encouraged to use consumer-run programs in 2015.

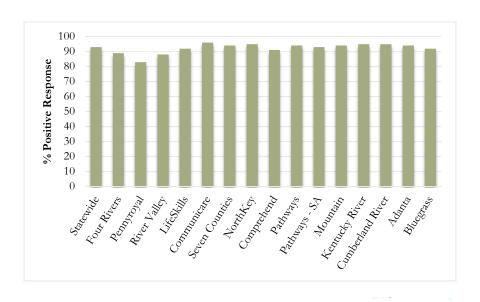
This is about the same as 2014.





## **CULTURAL SENSITIVITY**

### All Regional Boards



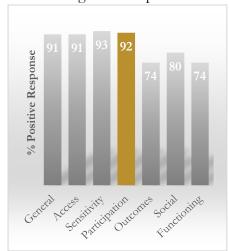


# PARTICIPATION IN TREATMENT PLANNING

#### Overview

#### **Primary Concerns**

• Meaningful Participation in Planning My Service Array



Domain	Score	(1 to 5)
General Satisfaction		4.42
Access to Services		4.33
Cultural Sensitivity		4.36
Participation in Treatment Planning 4.30		4.30
Outcomes		3.93
Social Connectedne	ess	4.01
Functioning		3.94

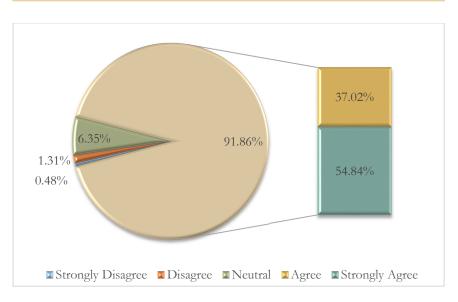
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# PARTICIPATION IN TREATMENT PLANNING

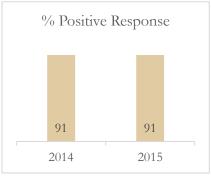
I Felt Comfortable Asking Questions about My Treatment and Medication

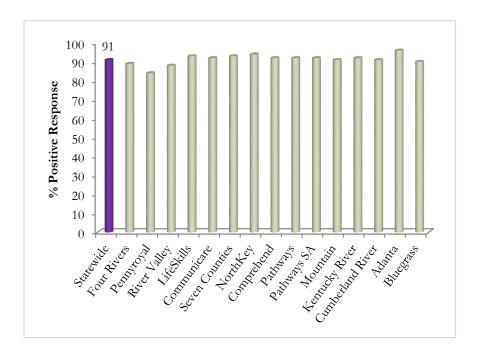
#### Statewide Totals



About 91% of respondents positively indicated that they felt comfortable asking questions about their treatment in 2015.

This is about the same as 2014.

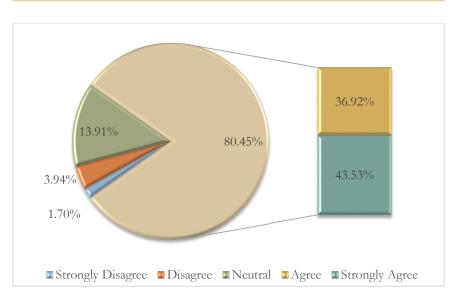




## PARTICIPATION IN TREATMENT PLANNING

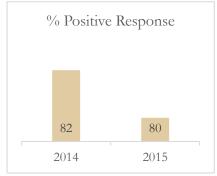
I, Not Staff, Decided My
Treatment Goals

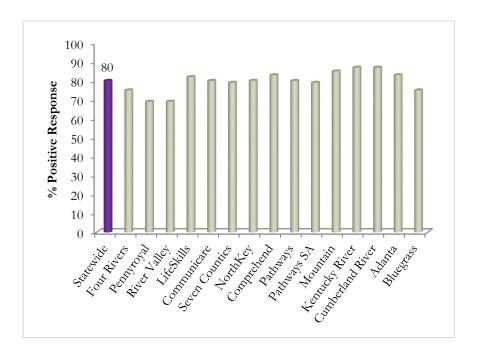
#### Statewide Totals



About 80% of respondents positively indicated that they, not staff, decided their treatment goals in 2015.

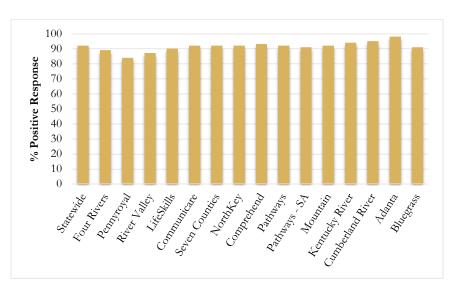
This is a 2% decrease from 2014.





# PARTICIPATION IN TREATMENT PLANNING

### All Regional Boards

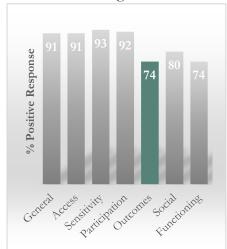




#### Overview

#### **Primary Concerns**

- Minimal Negative Outcomes from Treatment
- Reduced Psychological Distress
- Increased Sense of Personhood
- Increase in Productive Activity
- Capacity for Independent Community Living
- Increase in Independent Functioning
- Positive Changes in Areas for Which Treatment Is Sought



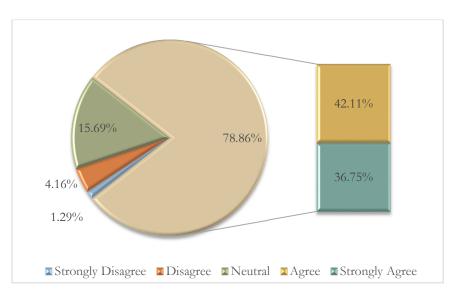
Domain Score (1	to 5)
General Satisfaction	4.42
Access to Services	4.33
Cultural Sensitivity	4.36
Participation in Treatment Planning	4.30
Outcomes	3.93
Social Connectedness	4.01
Functioning	3.94

By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



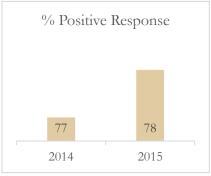
## I Deal More Effectively With Daily Problems

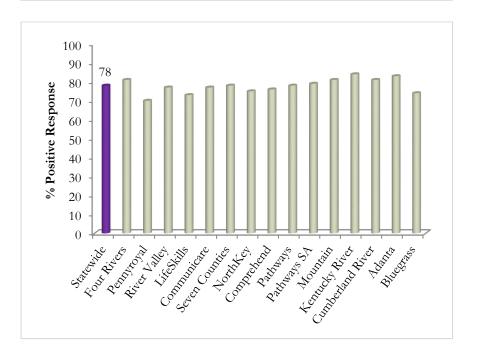
#### Statewide Totals



About 78% of respondents positively indicated that they dealt more effectively with daily problems in 2015.

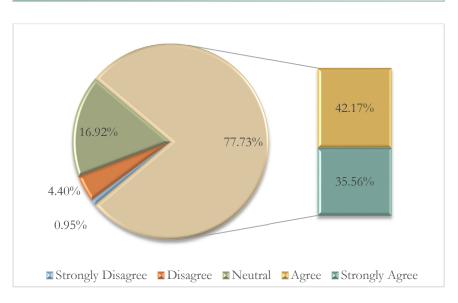
This is a 1% increase from 2014.





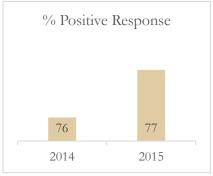
#### I Am Better Able to Control My Life

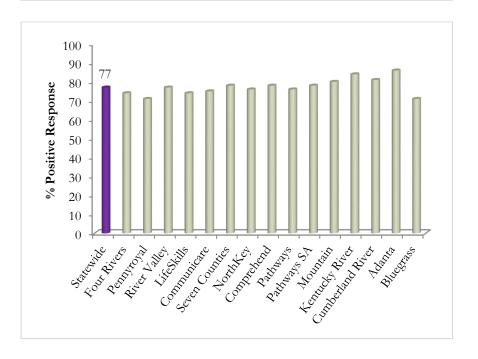
#### Statewide Totals



About 77% of respondents positively indicated that they were better able to control their lives in 2015.

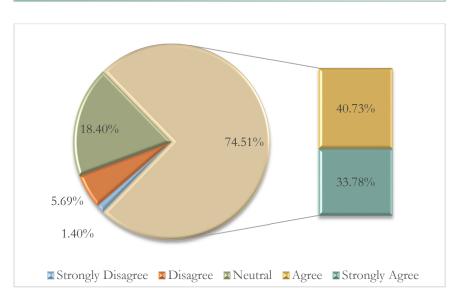
This is a 1% increase from 2014.





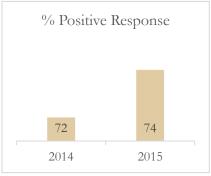
#### I Am Better Able to Deal with Crisis

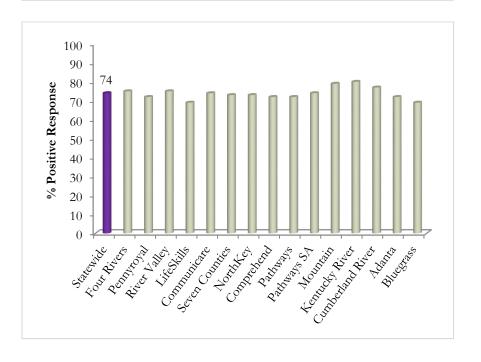
#### Statewide Totals



About 74% of respondents positively indicated that they were better able to deal with crisis in 2015.

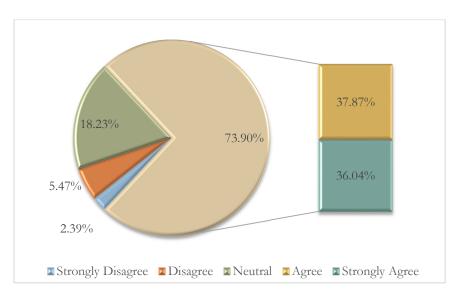
This is a 2% increase from 2014.





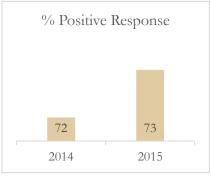
## I Am Getting Along Better with My Family

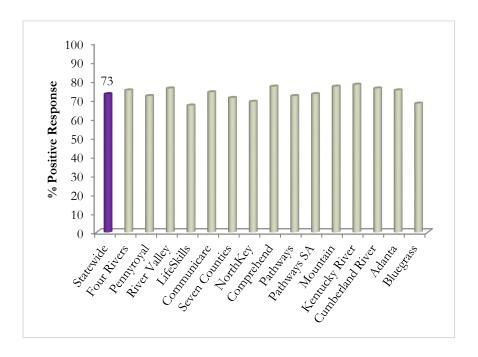
#### Statewide Totals



About 73% of respondents positively indicated that they were getting along better with their family in 2015.

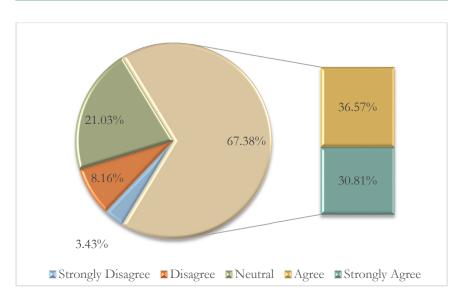
This is a 1% increase from 2014.





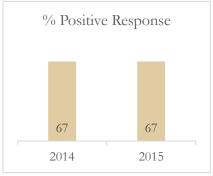
#### I Do Better in Social Situations

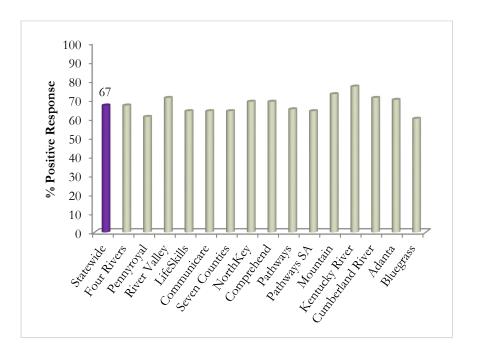
#### Statewide Totals



About 67% of respondents positively indicated that they did better in social situations in 2015.

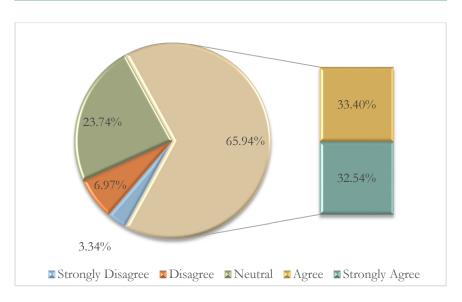
This is about the same as 2014.





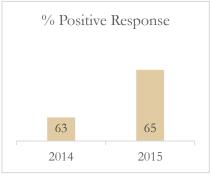
#### I Do Better in School and/or Work

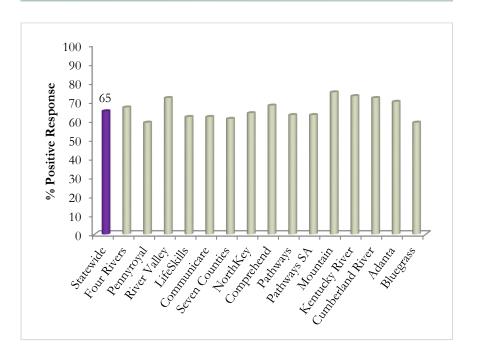
#### Statewide Totals



About 65% of respondents positively indicated that they did better in school and/or work in 2015.

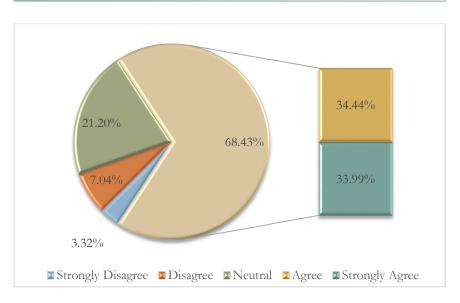
This is a 2% increase from 2014.





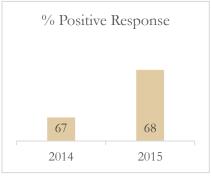
### My Housing Situation Has Improved

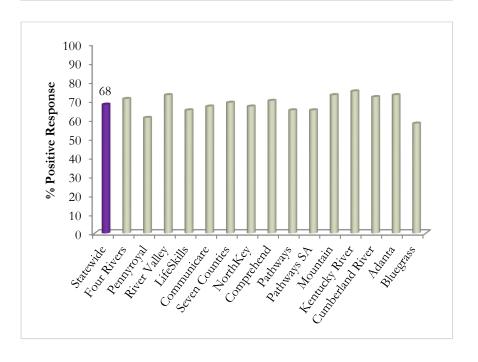
#### Statewide Totals



About 68% of respondents positively indicated that their housing situations have improved in 2015.

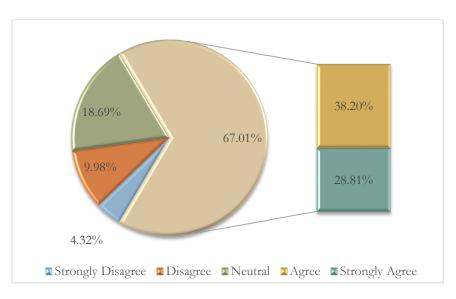
This is a 1% increase from 2014.





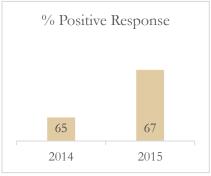
## My Symptoms Are Not Bothering Me as Much

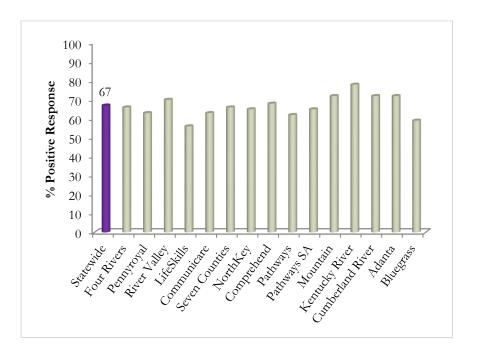
#### Statewide Totals



About 67% of respondents positively indicated that their symptoms were not bothering them as much in 2015.

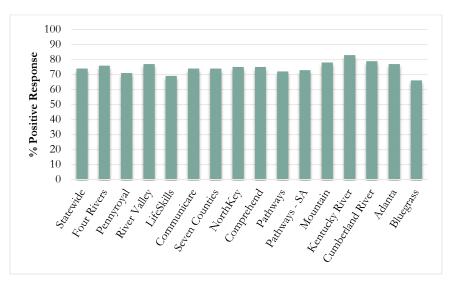
This is a 2% increase from 2014.





## **OUTCOMES**

### All Regional Boards

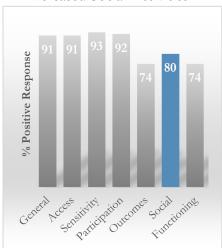




#### Overview

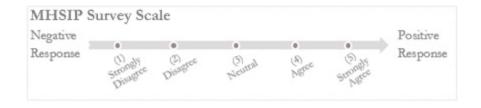
#### **Primary Concerns**

- Increased Natural Supports
- Increased Social Activities



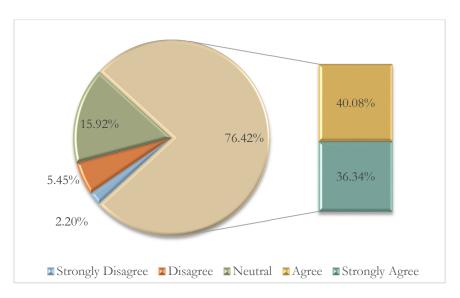
Domain Score (1	to 5)
General Satisfaction	4.42
Access to Services	4.33
Cultural Sensitivity	4.36
Participation in Treatment Planning	4.30
Outcomes	3.93
Social Connectedness	4.01
Functioning	3.94

By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



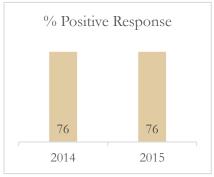
# I Am Happy with the Friendships I Have

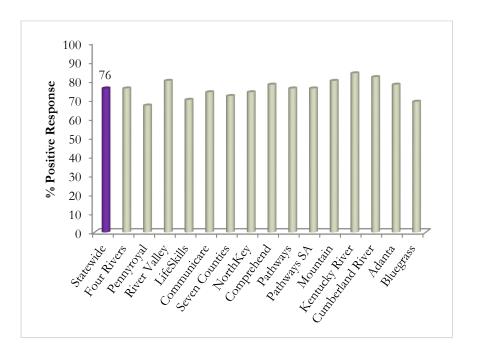
#### Statewide Totals



About 76% of respondents positively indicated that they were happy with the friendships they had in 2015.

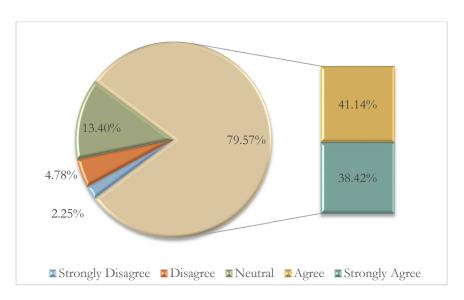
This is about the same as 2014.





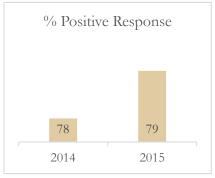
### I Have People with Whom I Can Do Enjoyable Things

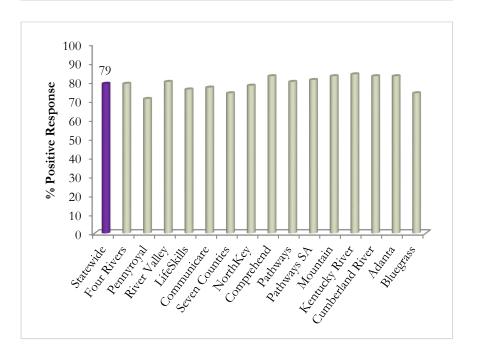
#### Statewide Totals



About 79% of respondents positively indicated that they had people with whom they could do enjoyable things in 2015.

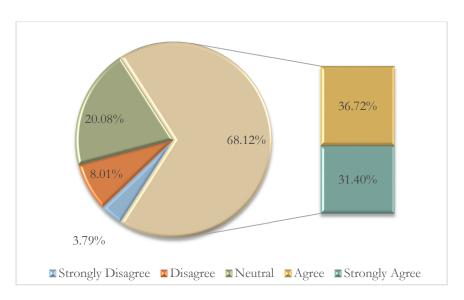
This is a 1% increase from 2014.





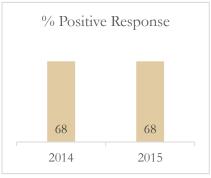
### I Feel I Belong in My Community

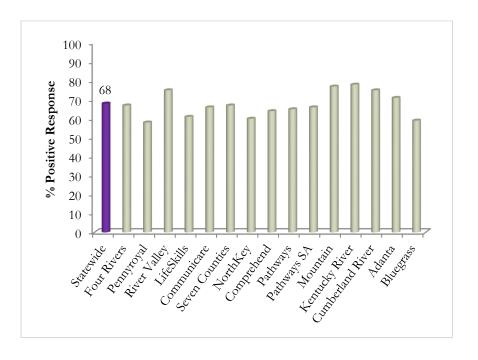
#### Statewide Totals



About 68% of respondents positively indicated that they felt they belonged in their community in 2015.

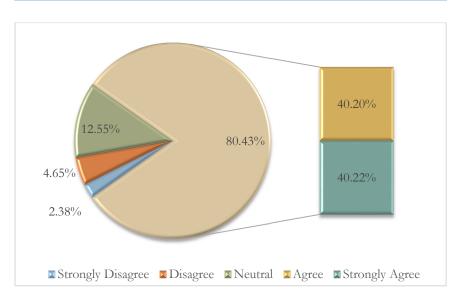
This is about the same as 2014.





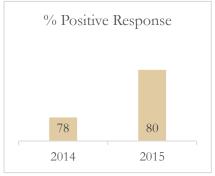
### In a Crisis, I Would Have the Support I Need from Family or Friends

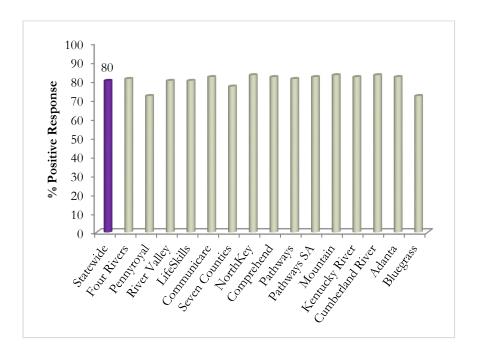
#### Statewide Totals



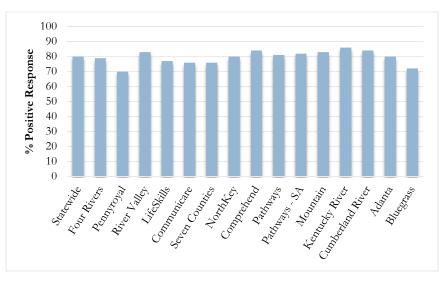
About 80% of respondents positively indicated that in a crisis, they would have the community support they needed in 2015.

This is a 2% increase from 2014.





### All Regional Boards

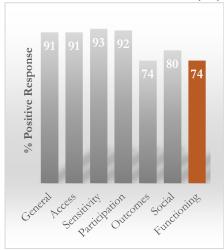




#### Overview

#### **Primary Concerns**

- Increase in Independent Functioning
- Capacity of Independent Community Living
- Meaningfulness of Daily Activities
- Reduced Distress Caused by Symptoms



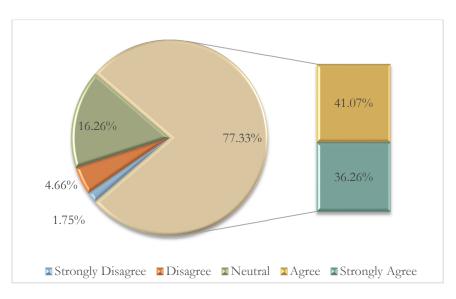
Domain Score (1	to 5)
General Satisfaction	4.42
Access to Services	4.33
Cultural Sensitivity	4.36
Participation in Treatment Planning	4.30
Outcomes	3.93
Social Connectedness	4.01
Functioning	3.94

By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



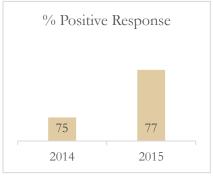
### I Do Things That Are More Meaningful to Me

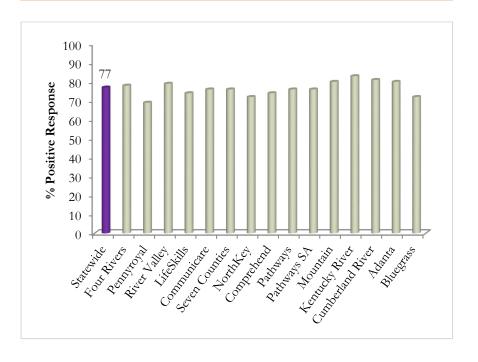
#### **Statewide Totals**



About 77% of respondents positively indicated that they did things that are more meaningful to them in 2015.

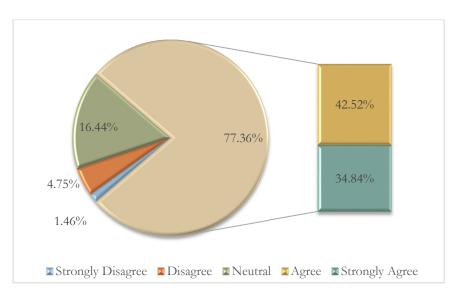
This is a 2% increase from 2014.





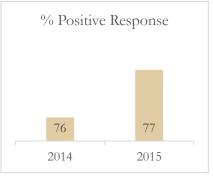
### I Am Better Able to Take Care of My Needs

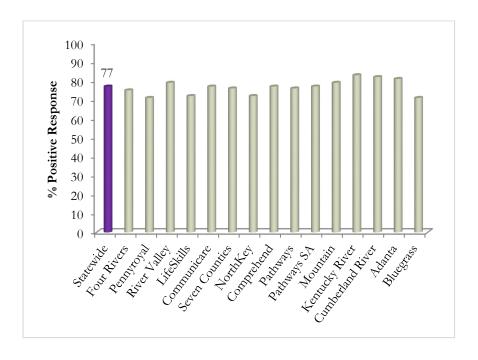
#### **Statewide Totals**



About 77% of respondents positively indicated that they were better able to take care of their needs in 2015.

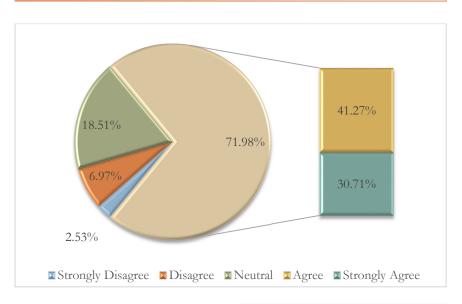
This is a 1% increase from 2014.





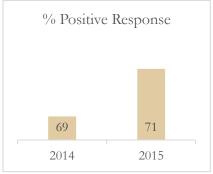
I Am Better Able to Handle Things When They Go Wrong

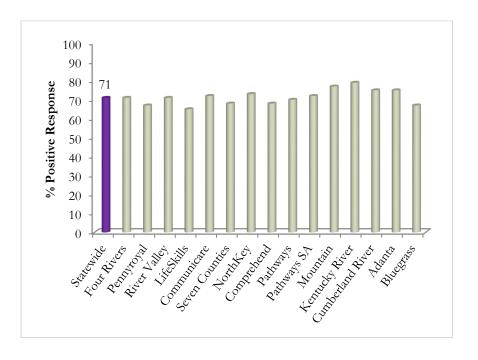
#### **Statewide Totals**



About 71% of respondents positively indicated that they were better able to handle things when they went wrong in 2015.

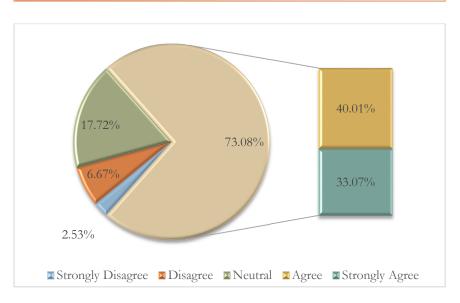
This is a 2% increase from 2014.





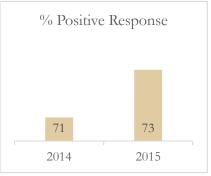
# I Am Better Able to Do Things That I Want to Do

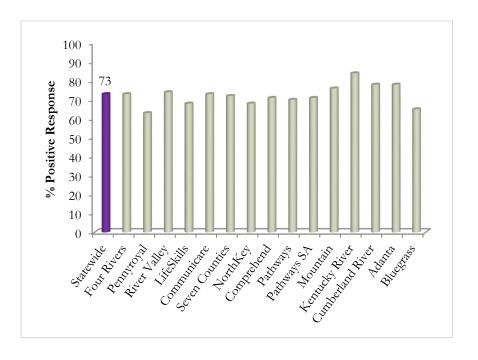
#### **Statewide Totals**



About 73% of respondents positively indicated that they were better able to do things that they wanted to do in 2015.

This is a 2% increase from 2014.





### All Regional Boards

